

# Managing Change

## Course Details

**Price**

£325.00

**Start date**

8 September 2026

**Length**

Full day (09:30-16:00)

**CPD Points**

5.50

## Course Overview

This course will encourage delegates to think deeply about how to manage and deliver change within their organisation, with a particular focus on managing and helping people through the change process. Delegates will learn about the psychology of change, how to plan a change and help their organisation and colleagues get through a change as effectively as possible

## Content

In this workshop delegates will:

- Review why change is needed in organisations
- Review the human psychology behind change and why different people react in different ways
- Review the key stages of change
- Work through the change curve and consider your role in making it as effective as possible
- Review the importance of Emotional Intelligence when managing change

- Learn about practical ways and tools that help to plan and deliver change effectively

## Benefits

By the end of this workshop delegates will leave with a clear understanding about the need for change and the different levels of impact change has on different people. Delegates will also have a better understanding of how to plan a change and help people get through a change as effectively as possible.

## Next Steps

If you would like to book a place on this course please click on the **'Book Course'** button to the right of this page and login or register for a user account to complete your booking(s). Any queries please do not hesitate to contact us via [admin@gta.gg](mailto:admin@gta.gg) or call us on 01481244570.

If no date is scheduled for this course at the present time please click on the **'Register Interest'** button and login or register for a user account so that we can add you to our course interest register. This register allows us to contact our tutors and finalise dates for a course as soon as we have a few people who have expressed their interest, so the more delegates who register their interest, the sooner we can schedule a particular course.

## Course Tutor

### Jill Clark

Jill is a qualified trainer and coach and holds a Diploma in Company Direction (Institute of Directors). Jill has over 25 years retail experience and was formerly Director of Customer Service at Specsavers. She is a Non -Executive Director of the Channel Islands Coop & Island FM and a Jurat in the Royal Court of Guernsey. Jill is experienced in leadership management, customer service, effective communication and retail best practice. Jill delivers Chartered Management Institute qualifications as well as coaching and mentoring. Jill can work with teams and individuals to improve their effectiveness and leadership skills, developing action plans to help individual unlock their potential, impact and influence in their personal and working lives. Drawing on leadership and experiences of working with individuals at every level, Jill is passionate about helping individuals be the best that they can be.