

Personal Development

# Introduction to the Workplace

## Course Details

### Price

£0.00

### Length

1 hour (12:00-13:00)

## Course Overview

This free session is aimed at school leavers, university graduates and new recruits who are starting in the workplace for the first time or returning to work after a period out of work.

## Course Content

- 'Hopes and fears'
- Understanding the workplace culture
- 'Fitting in' and 'proving yourself' in the workplace
- What constitutes 'professionalism?'
- Identifying what is expected of you
- Managing your energy levels and coping with pressure

Flexible learning that works for you

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## Next Steps

If you would like to book a place on this course, please click on the '**Book Course**' button to the right of this page and login or register for a user account to complete your booking(s). Any queries please do not hesitate to contact us via [admin@gta.gg](mailto:admin@gta.gg) or call us on 01481 224570. If no date is scheduled for this course at the present time, please click on the '**Register Interest**' button and login or register for a user account so that we can add you to our course interest register. This register allows us to contact our tutors and finalise dates for a course as soon as we have a few people who have expressed their interest, so the more delegates who register their interest, the sooner we can schedule a particular course.

## Course Tutor

### Peter Le Cheminant

Peter Le Cheminant is Guernsey born. He attended university in Winchester and developed his career as an English teacher over a 17 year period in the UK. Peter then returned to Guernsey in 1990 to take up a senior post at Les Beaucamps High School. Peter became headteacher of the school in 1992 and steered the organisation through many changes as well as playing a major role in the Project Team that was responsible for building an award winning new campus. After many years in a high profile leadership position Peter left his post in August 2014 and since then has taken up a second career working as a learning and development consultant mainly in the local finance sector. Peter also has a professional qualification in Executive Coaching from the University of the West of England and he is able to provide additional coaching for individuals if requested.