

Human Resources, Personal Development

Introduction to the Workplace

Course Details

Price

£0.00

Start date

8 June 2026

Length

1 hour (12:30-13:30)

CPD Points

1.00

Course Overview

This free session is aimed at school leavers, university graduates and new recruits who are starting in the workplace for the first time or returning to work after a period out of work.

Course Content

- 'Hopes and fears'
- Understanding the workplace culture
- 'Fitting in' and 'proving yourself' in the workplace
- What constitutes 'professionalism?'
- Identifying what is expected of you
- Managing your energy levels and coping with pressure

Next Steps

If you would like to book a place on this course, please click on the **'Book Course'** button to the right of this page and login or register for a user account to complete your booking(s). Any queries please do not hesitate to contact us via admin@gta.gg or call us on 01481 224570. If no date is scheduled for this course at the present time, please click on the **'Register Interest'** button and login or register for a user account so that we can add you to our course interest register. This register allows us to contact our tutors and finalise dates for a course as soon as we have a few people who have expressed their interest, so the more delegates who register their interest, the sooner we can schedule a particular course.

Course Tutor

Peter Le Cheminant

Peter Le Cheminant is Guernsey born. He attended university in Winchester and developed his career as an English teacher over a 17 year period in the UK. Peter then returned to Guernsey in 1990 to take up a senior post at Les Beaucamps High School. Peter became headteacher of the school in 1992 and steered the organisation through many changes as well as playing a major role in the Project Team that was responsible for building an award winning new campus. After many years in a high profile leadership position Peter left his post in August 2014 and since then has taken up a second career working as a learning and development consultant mainly in the local finance sector. Peter also has a professional qualification in Executive Coaching from the University of the West of England and he is able to provide additional coaching for individuals if requested.