

Personal Development

Essential Money Management Skills

Course Details

Price

£215.00

Length

Half day (09:00-12:30)

Course Overview

Money management is such an essential part of our daily lives, but so rarely are we taught about personal finance. This course will offer practical ideas on how to be in control of your money.

Course Content

- Making a plan to achieve your financial goals
- · Identify your money mindset and learn how to manage money better
- · How to set up a budget to avoid falling into debt
- Managing debt credit cards, mortgages & loans
- · Spending habits overcoming challenges leading to over spending
- Coping with the impact of financial stress





Benefits

Financial worry is one of the most common stressors in life & can take a huge toll on your mental & physical health, relationships & overall quality of life. This course will help you to identify and achieve your financial priorities and goals, and give you a clear picture of where you are, where you want to be and how to get there by taking control of your everyday money matters.

Next Steps

If no date is scheduled for this course at the present time click on the 'Register Interest' button and login or register for a user account so that we can add you to our course interest register. This register allows us to contact our tutors and finalise dates for a course as soon as we have a few people who have expressed their interest, so the more delegates who register their interest, the sooner we can schedule a particular course.

