

Personal Development

Delivering Effective Feedback

Course Details

Price

£215.00

Length

Half day (09:30 - 12:30)

Course Overview

Feedback is one of the most useful tools we have for learning and improving at work, yet it can easily go wrong. Poorly timed or poorly phrased feedback can knock confidence, while thoughtful feedback builds trust and supports growth.

This workshop provides practical ways to approach everyday feedback conversations - the kind that happen before any formal performance management process. These conversations play a crucial role in keeping performance on track and maintaining open communication.

The course is particularly valuable for managers and team leaders, though the skills apply to anyone who gives feedback or carries out appraisals in a professional setting.

Course Content

In this session, delegates will:

Flexible learning that works for you

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Proudly part of



- Identify what makes feedback useful and supportive, including how to tailor it to individual needs and communication preferences
- Explore ways to structure and approach feedback, drawing on coaching techniques, active listening, and simple feedback models
- Practise giving feedback in a safe, structured setting using realistic workplace scenarios
- Reflect on personal strengths and areas for development when giving feedback, and identify next steps for improvement

Benefits

Delegates will leave this course with the confidence and tools to handle feedback conversations more effectively.

- For anyone giving feedback, this means sharing observations, in a way that ensures they are heard and acted on, without damaging confidence
- For managers, this means being able to step in early and support team members in a constructive way, rather than waiting for problems to escalate

Over time, these skills help create a workplace where feedback feels natural and genuinely useful.

Next Steps

If you would like to book a place on this course please click on the **'Book Course'** button to the right of this page and login or register for a user account to complete your booking(s). Any queries please do not hesitate to contact us via admin@gta.gg or call us on 01481 224570.

If no date is scheduled for this course at the present time please click on the **'Register Interest'** button and login or register for a user account so that we can add you to our course interest register. This register allows us to contact our tutors and finalise dates for a course as soon as we have a few people who have expressed their interest, so the more delegates who register their interest, the sooner we can schedule a particular course.

Course Tutor

Martine Ellis

Martine Ellis is an experienced coach and educator who helps exhausted professionals thrive without sacrificing their mental health and wellbeing. A Chartered Teacher with Advanced Teacher Status, she is widely recognised for her thought leadership in wellbeing-driven productivity. Alongside her coaching and training, Martine shares her expertise through podcasts, writing, and her popular hand-drawn doodles, offering practical strategies that connect high performance with sustainable wellbeing for audiences across the UK and beyond.