

Director Development

Build your Boardroom Confidence and Presence

Course Details

Price

£225.00

Start date

25 September 2026

Length

Half Day (09:30-13:00)

CPD Points

3.50

Course Overview

Build your Boardroom Confidence and Presence is a practical leadership course designed to help professionals communicate with confidence, credibility, and strategic impact in executive settings.

Delegates will master boardroom protocols, refine their presence and learn to navigate challenges such as impostor syndrome, conflict, and digital communication. With a focus on trust-building, emotional intelligence and high-impact storytelling, this course empowers leaders to show up prepared, be heard and lead with authority.

Content

This course aims to achieve the following objectives:

- Understanding the structure, protocols, and decision-making processes of board meetings.
- Mastering preparation by leveraging practical tools to enhance readiness and impact.

Flexible learning that works for you

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- Overcoming Impostor Syndrome: Building Authentic Confidence in the Boardroom.
- Strategic storytelling: How to present ideas with impact and making your presence count.
- Emotional Intelligence: Move beyond theory; real world scenarios to explore the application of emotional intelligence at board meetings.
- Building Trust: Leading with integrity, transparency, and follow-through.
- Turning conflict into constructive dialogue and results.
- Communication Challenges: how to be heard and how to listen.
- Digital boardrooms: adapting presence for virtual meetings.

Benefits

Delegates will gain the confidence and strategic communication skills required to make tangible contributions at board meetings and beyond.

This course empowers delegates to overcome self-doubt, navigate conflict constructively and adapt your presence, giving you tools to help you influence decisions, foster collaboration and drive meaningful outcomes.

Prerequisites

Next Steps

If you would like to book a place on this course please click on the **'Book Course'** button to the right of this page and login or register for a user account to complete your booking(s). Any queries please do not hesitate to contact us via admin@gta.gg or call us on 01481 224570.

If no date is scheduled for this course at the present time please click on the **'Register Interest'** button and login or register for a user account so that we can add you to our course interest register. This register allows us to contact our tutors and finalise dates for a course as soon as we have a few people who have expressed their interest, so the more delegates who register their interest, the sooner we can schedule a particular course.

Course Tutor

Victoria Le Poidevin

Vicky Le Poidevin FCA, Dip IoD regularly provides interactive and engaging training sessions to a wide range of financial services and commercial delegates. Vicky continually adapts her training style to suit the variety of delegates that attend her courses, and she actively enjoys running training for all levels of experience including parties at the beginning of their career, directors looking to continually enhance their skills and all parties in between looking to upskill or get ahead in their career. Vicky's training is underpinned by practical, real-life examples that leverage her 20 plus years' experience in the financial services sector. Vicky believes that delegates learn by doing, so she tries to include practical exercises into her courses to ensure the learning experience remains interesting, relevant, and engaging. As well as running numerous training courses, Vicky is a management consultant and has worked with numerous businesses on multiple projects, giving her a unique knowledge and experience to enrich her training. Vicky's generalist financial services experience also includes 10 plus years of auditing and accounting with a big four firm /regional firm and holding senior roles in both the Fund and Trust sector.